



## PILATES & YOGA

#### **PILATES**

This unique method combines stretching and strengthening exercises. It strengthens and tones muscles, improves posture, provides flexibility and balance, unites body and mind to create a more streamlined shape.

Private class (1 hour)	120€
2 persons	150€

#### YOGA

Our personal trainer offer a wide range of yoga from Vinyasa, Hatha, Ashtanga, Restorative or Yin Yoga. The practice may include some breathing techniques, meditation and relaxation.

Private class (1 hour)	120€
2 persons	150€

#### BARRE

Mix of yoga, Pilates and dancing exercises to tone your body, increase your flexibility and strength to create a better metabolism and detox your body.

Private class (1 hour)	130€
2 persons	155€

Each lesson can be adapted according to the level and needs of each.

Reservations can be made with our team of Alchemists.

# **AQUATRAINING & BODYTEC**

Enjoy a one-on-one session with a personal trainer who caters to your fitness needs and goals, tailoring a perfect programme for your abilities.

### AQUABIKING

Private Lesson (1 hour)	110€
2 persons	160€

### AQUATRAINING

Private Lesson (1 hour)	110€
2 persons	160€

### **BODYTEC**

Private Lesson (30 min)	90€
(30 min of Bodytec is worth 4 hours of training)	





### **FASHION SHOWS**

An institution on the island of Saint-Barthélemy, the Boutique of Cheval Blanc St-Barth Isle de France offers guests the latest creations from local and international designers.

The Boutique's collection is showcased at a fashion show every Tuesday at 6:30 pm at the White Bar and every day at noon around the pool in a relaxed an festive atmosphere. A sartorial rendez-vous not to be missed.

The Boutique is open daily from 9:00 am to 7:00 pm.

### FISHING EXCURSIONS

Relax amongst the gentle swells of the Caribbean Sea and test your bait and tackling knowledge with the following collection of fishing trips.

### **CONTENDER 30'**

Half day 600€

### **CONTENDER 32'**

Half day 700€

### **CONTENDER 35'**

Half day 800€

### **RIVIERA 4000 OFFSHORE**

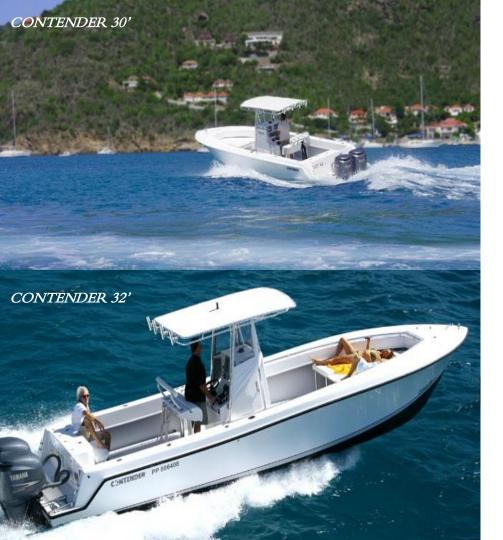
Half day 1,200€ Full day 2,000€

## **FOUNTAIN 53'**

Half day 1,700€ Full day 2,600€

Rates include the crew (captain and fisherman), fishing gear, fuel and a selection of non alcoholic beverages.





### **BOAT RENTAL**

Whether you are a landlubber or a professional seaman, the Caribbean Sea is the perfect place to rent a boat and sail away. The Maison offers you an exclusive range of boats to be rent by a half day, full day, or even for an overnight trip. Drift away on the turquoise sea and let the sounds of the waves caress your senses.

~	$\cap$	IL II	T		K I			30'	
_	$\cup$	IN.		⊏.	IМ	ப	$\Box$	20.	

Half day Full day	310€
CONTENDER 32'	510€
Half day Full day	350€
•	550€
CONTENDER 35' Half day Full day	550€
,	760€
SKIPPER Half day Full day	100€ 160€

Rate does not include the crew, fuel and refreshments.

### SEARAY V'42

Island tour or Sunset cruise (2 hours)	633€
Half day in Saint-Barthélemy	1,093€
Full day in Saint-Barthélemy	1,680€
Full day in St-Marteen	1,935€
Full day in Anguilla (+ taxes)	2,645€
Transfer to St-Marteen (day time)	1,095€

#### SUNSEEKER V'45

Island tour or Sunset cruise (2 hours)	733€
Half day in Saint-Barthélemy	1,193€
Full day in Saint-Barthélemy	1,780€
Full day in St-Marteen	2,035€
Full day in Anguilla (+ taxes)	2,745€
Transfer to St-Marteen (day time)	1,195€

Rates include crew, fuel, a selection of beverages, towels and snorkeling equipment. Taxes and direct transfer from and to the airport are excluded. Maximum occupancy of 10 persons.





### PRINCESS V'50 « OUT OF AFRICA »

Island tour or Sunset cruise (2 hours)	980 €
Half day in Saint-Barthélemy	1,495€
Full day in Saint-Barthélemy	2,645€
Full day in St-Marteen	2,990€
Full day in Anguilla (+ taxes)	3,535€
Transfer to St-Marteen (day-time)	1,380€

### VAN DUTCH V'55

Island tour or Sunset cruise (2 hours)	1,525€
Half day in Saint-Barthélemy	2,215€
Full day in Saint-Barthélemy	4,170€
Full day in St-Marteen	4,400€
Full day in Anguilla (+ taxes)	5,030€
Transfer to St-Marteen (day-time)	1,750€

Rates include crew, fuel, a selection of beverages, towels and snorkeling equipment. Taxes and direct transfer from and to the airport are excluded. Maximum occupancy of 10 persons.

### PRINCESS V'65

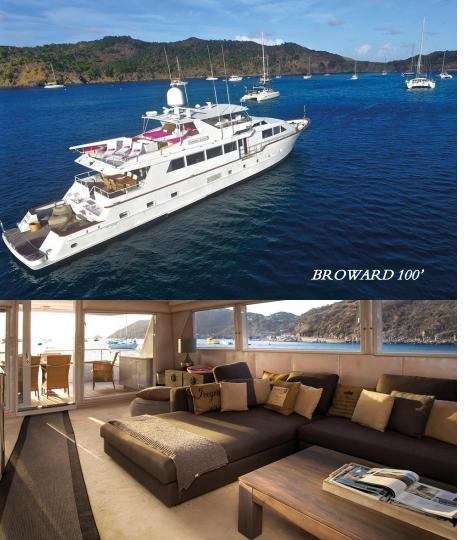
Island tour or Sunset cruise (2 hours)	1,725€
Half day in Saint-Barthélemy	2,415€
Full day in Saint-Barthélemy	4,370€
Full day in St-Marteen	4,600€
Full day in Anguilla (+ taxes)	5,030€
Cruising day (24 hours)	5,175€
Transfer to St-Marteen (day-time)	1,840€

#### PRINCESS V'69 « STEALIN' SUN »

Island tour or Sunset cruise (2 hours)	1,955€
Half day in Saint-Barthélemy	2,875€
Full day in Saint-Barthélemy	5,175€
Full day in St-Marteen	5,465€
Full day in Anguilla (+ taxes)	5,835€
Cruising day (24 hours)	5,980€
Transfer to St-Marteen (day-time)	2,185€

Rates include crew, fuel, a selection of beverages, towels and snorkeling equipment. Taxes and direct transfer from and to the airport are excluded. Maximum occupancy of 14-16 persons.





## **BROWARD V'100**

Island tour or sunset cruise (2 hours)	2,500
Half day in Saint-Barthélemy	4,600
Full day in Saint-Barthélemy	8,400
Full day in St-Marteen	10,500€
Full day in Anguilla (+ taxes)	12,800€
Cruising day (24 hours)	14,000€
Transfer to St-Marteen (day-time)	3,100

Rates include crew, fuel, a selection of beverages, towels and snorkeling equipment. Taxes and direct transfer from and to the airport are excluded. Maximum occupancy of 20 persons.

.

# **CATAMARAN RENTALS**

# LAGOON 450'

Half day in Saint-Barthélemy	800€
Full day in Saint-Barthélemy	1,350€
Sunset (from 5:00 pm to 6:30 pm)	600€
Festive Sunset (from 5:00 pm to 8:30 pm)	900€
Sunset Best (from 5:00 pm to 10:30 pm)	1,330€
Hostess (mandatory for group of 6 people)	from 60 to 170€
Open Bar (per person)	30€
Paddle on board	80€

Rates include captain, snorkeling equipment, and a selection of non alcoholic beverages.





#### SAILBOAT RENTALS

#### SUNSET CHAMPAGNE

900€

From 5:00 pm, enjoy a bottle of champagne with the sparkling sunset, sailing between the pristine beaches of Colombier and Gouverneur.

#### HALF DAY CRUISE

1,100€

Either morning or afternoon, from 9:00 am or 2:00 pm, enjoy a three hour sail and stop by a cove to swim with sea turtles.

#### **FULL DAY CRUISE**

1.600€ excl. lunch

A day of thrilling exploration, depart at 9:00 am to an island in St-Marteen. Enjoy lunch on the boat, indulging in a wide selection of fresh local seafood, and head back with the glow of the sunset at 6:00 pm.

#### PICNIC CRUISE

1,300€ *excl. lunch* 

From 11:00 am, cruise to a nearby bay of your choice to enjoy a convivial lunch with friends and family. Peruse the crystalline waters and return for a relaxing afternoon at 3:00 pm.

**PERSONALISED CARRIBBEAN ADVENTURES** *Upon request* Feeling adventurous? Allow our dedicated Alchemists to design a tailored sailing trip for you and your loved ones.

Celebrate the seas in St-Barthélemy with motorised and non-motorised sports such as jet ski, seabob, kayak and surf. For beginners, lessons are available upon request.

JET SKI -	- from 1	16 ı	vears	old
-----------	----------	------	-------	-----

Half-hour	90€
One hour	140€
Island Tour (1h30)	175€

# FLYBOARD – from 16 years old

Half-hour 150€

# **HOVERBOARD** – from 16 years old

Half-hour 170€

### WAKE BOARD & WATER SKIING

Two hours (8 persons max.) 500€

Equipment & 28' tender included.





The Seabob is a cross between a jet ski and a body board, propelling you through the crystal waters in a thrilling moment of discovery. A fun, ecological way to explore the underwater universe with the silence of a dolphin.

If you prefer practicing kayak, let's head to Grand Cul de Sac for an adventure on the lagoon.

### SEABOB

Half-hour	80€
45 minutes	120€
One hour	150€
Snorkeling tour	175€
Half Day	Upon request
Full Day	Upon request

# KAYAK – per hour

Simple	20€
Double	30€
Clear kayak	25€

From windsurfing to kite surfing, the turquoise waters of the Caribbean are yours to glide across. Enjoy these action-packed sports and challenge your body and mind.

# SURF – per hour

For rent	20€
Lesson	60€

# WIND SURF – per hour

For rent	30€
Lesson (1 person)	90€
Lesson (2 persons)	160€

#### KITE SURF

Private Lesson (1 hour)	145€
Deep Water Lesson (1 hour for 1 person)	180€
Deep Water Lesson (2 hours for 2 people)	220€
1/2 day	120€
Full day	200€





No prior experience is necessary, just enjoy the sun and peaceful rhythm of the lapping waves of our beautiful lagoon...

## STAND UP PADDLE

One hour	30€
Two hours	50€
Half day	80€
Full day	100€
Weekly Rental	300€
Paddle Fitness (per hour, per person)	100€

# Individual Classes

Half-hour 50	0€	3
--------------	----	---

# **Group Classes** – 3 people minimum

Half-hour	(per person)	35€
One hour	(per person)	60€

See the underwater world of Saint-Barthélemy and sneak a glimpse into the playful lives of our local marine wildlife.

## SCUBA DIVING

1 tank – Beginner Lesson	100€
2 tanks – Beginner Lesson	180€
1 tank (2 hours)	120€
2 tanks (3 hours)	200€

# With a private charter:

1 tank (2 hours)	790€
2 tanks (half day)	990€

## SNORKELING

1 snorkel site (2 hours)	90€
2 snorkel sites (half day)	150€
Sunset snorkeling (4 to 6 persons, per person)	120€
Sunset snorkeling (private)	690€





# SPORTIVE ACTIVITIES

#### HIKING

Colombier

(2 hours)

Walk all the way to the end of Flamands Bay. Then, the road goes through the trail and you will access one of the most beautiful beach of the island (around 30 minutes walking each way).

### Natural Pools at Grand Fond

(2 hours)

Discover the natural pools after the beach of Grand Fond. Go up the hill at the end of the beach and follow the path. Then you will be able to enjoy these pools made in the rock.

#### Grand Fond and Salines

(3.5 hours)

After the pools of Grand Fond, follow the same path and enjoy an amazing view on the ocean up the cliffs until the beautiful beach of Saline.

### **TENNIS**

Located one minute by car from our Maison, a complimentary tennis court with artificial turf is open from 7:00 am to 8:00 pm and available on request. Private lessons with a professional coach are available. Our Alchemists remain at guests' disposal for further information and assistance with bookings.

Private class

100€ per hour

# **CHILDREN'S ACTIVITIES**

#### THE YELLOW SUBMARINE

The Yellow Submarine will bring you through the Marine Park and around Gros Ilets where you will see tropical fishes, turtles and the shipwreck of the Marignan shipping boat who sunk 15 years ago.

Adults	40€
Children under 11 years old	25€
Private Excursions: 1 to 9 passengers	550€
10 to 15 passengers	650€
16 to 22 passengers	850€

### **QUAD AVENTURE**

2-hour guided tour of the island − per quad 90€





# CHILDREN'S ACTIVITIES

JET SKI – accompanied by an adult	
Half-hour	90€
One hour	140€
Island tour	170€
SEABOB – 8 years and older Half-hour	80€
SURF One hour	70€
KITE SURF One hour	145€
WIND SURF One hour	90€
KAYAK One hour – Kayak (transparent)	30€

# CHILDREN'S ACTIVITIES

#### TUBING

Two hours 500€

On a Tender 28' for up to 8 persons, including fuel, towels, skipper and soft drinks. Can be combined with wakeboarding.

### STAND UP PADDLE - rental

One hour  $30 \in$  Two hours  $50 \in$ 

#### ARTISTIC INITIATION

Drawing, painting, creative workshops, arts and crafts...Let's give free rein to our little guests' imagination.

One kid (2 hours) Upon request
Two kids Upon request





# CONTACT

For Reservations call Island Inns (877) 364-1100 / (860) 364-1100 or email us: info@islandinns.com

**Photo credits**: S. Candito, P. Carreau, M. Gramm, V. Mati, K. McBurnie, F. Nannini, A. Von Einsiedel